

## 2026 FEE SCHEDULE

<p><b><u>Initial Assessment</u></b></p> <p><b>\$200 Individual</b>  <b>\$250 Couples, Family *</b>  <b>\$275 Ethical Non-Monogamy *</b></p> <p><b>Under 48-hour Cancellation of Intake incurs loss of \$50.00 Deposit</b></p>	<p><b><u>Intensive Services (90+ min)*</u></b></p> <p><b>\$200/hr EMDR Trained</b>  <b>\$250/hr EMDR Certified</b>  <b><u>Intensive Cancellation and Rescheduling Fee*</u></b>  <b>\$250 for Same Day</b>  <b>\$150 for &lt;24 hours</b>  <b>\$75 for 48 - 24 hours</b></p>
<p><b><u>Individual Therapy Sessions</u></b></p> <p><b>\$90 (30 min)</b>  <b>\$150 (45-50 min)</b>  <b>\$175 (55 min)</b>  <b>\$240 (90 min)*</b></p>	<p><b><u>Family/Couples (or Ethical Non-Monogamy)</u></b></p> <p><b>\$160 Client Not Present (45-50 min)</b>  <b>\$175 (55 min)</b>  <b>\$240 (90 min)*</b></p>
<p><b><u>Ketamine Services*</u></b> - sessions not using Ketamine will have insurance billed if applicable</p> <p><b>\$40</b> Administration fee for at-home self-guided session</p> <p>*We CANNOT bill insurance if ketamine is used during a session. Above self-pay rates apply in those cases.</p>	
<p><b><u>Neurofeedback (NF)</u></b></p> <p><b>\$75/session for Master Level*</b>  <b>\$60/session IF you see a provider for therapy @ ICP</b></p> <p><b><u>Safe and Sound Protocol (SSP)</u></b></p> <p><b>\$60 License Fee/ 6 months*</b>  <b>\$60 (30 min)*</b>  <b>\$100 (60 min)*</b>          SSP can be added on to individual therapy</p>	<p><b><u>Intern/Masters Level/ML License</u></b></p> <p><b>\$40 Intern Session (50 min)*</b>  <b>\$80 Intern Specialist Session (50 min)*</b>  <b>\$100 Master Level (50 min)*</b>  <b>\$150 Master Level License (55 min)</b>  <b>\$125 Intake Masters Level*</b>  <b>\$175 Intake Masters Level Licensed</b></p>
<p><b><u>Add On Services</u></b></p> <p><b>\$25 NF, EMDR, SSP, Integrated Play Therapy</b>  <b>\$90 Skills Extension (30 min)*</b>  <b>\$175 Skills Extension (60 min)*</b></p>	<p><b><u>Group, Skills and Case Management</u></b></p> <p><b>\$50 15 min Case Management/Skills Training*</b>  <b>\$60 - 80 1 Hour Group</b>  <b>\$75 - 100 1.5 Hour Group</b>  <b>\$120 Community Based ERP (+ travel)</b></p>
<p><b><u>Court/Professional Appearances*</u></b></p> <p><b>\$250/hr Court or Meeting Participation, and travel time</b>  <b>\$350 Professional Evaluation and Report</b>          Indy Counseling will provide an estimate for professional training and appearances upon request</p>	<p><b><u>Cancellation Fee*</u></b>  <b>\$50 for under 48 hour Cancellation</b>  <b>\$100 for under 24 hour Cancellation</b></p> <p><b><u>Cancellation Fee NF/SSP/Skills*</u></b>  <b>\$30 for under 48 hour Cancellation</b>  <b>\$60 for under 24 hour Cancellation</b>  <i>Insurance/HSAs do not pay for above fees</i></p>
<p><b><u>Supervision and Professional Consultation*</u></b></p> <p><b>\$125 for Individual Consultation</b>  <b>\$50 for Group Consultation</b></p>	<p><b><u>Administrative Fees*</u></b></p> <p><b>\$20 Returned Checks</b>  <b>\$25 Medical Records</b>  <b>\$25/15 min Professional Letters/Disability</b>  <b>\$150 Parent Update Letter</b></p>

**\*Indicates Services not covered by insurance**

Our office is in-network with most major commercial insurance / Medicare / Medicaid  
 We accept VISA, Mastercard, Discover, HSA, FSA cards, and CareCredit. **We CANNOT accept AMEX**