



2026 FEE SCHEDULE

<u>Initial Assessment</u> \$200 Individual \$250 Couples, Family * \$275 Ethical Non-Monogamy * Under 48-hour Cancellation of Intake incurs loss of \$50.00 Deposit	<u>Intensive Services (90+ min)*</u> \$200/hr EMDR Trained \$250/hr EMDR Certified <u>Intensive Cancellation and Rescheduling Fee*</u> \$250 for Same Day \$150 for <24 hours \$75 for 48 - 24 hours
<u>Individual Therapy Sessions</u> \$90 (30 min) \$150 (45-50 min) \$175 (55 min) \$240 (90 min)*	<u>Family/Couples (or Ethical Non-Monogamy)</u> \$160 Client Not Present (45-50 min) \$175 (55 min) \$240 (90 min)*
<u>Ketamine Services*</u> - sessions not using Ketamine will have insurance billed if applicable \$40 Administration fee for at-home self-guided session <i>*We CANNOT bill insurance if ketamine is used during a session. Above self-pay rates apply in those cases.</i>	
<u>Neurofeedback (NF)</u> \$75/session for Master Level* \$60/session IF you see a provider for therapy @ ICP <u>Safe and Sound Protocol (SSP)</u> \$60 License Fee/ 6 months* \$60 (30 min)* \$100 (60 min)* SSP can be added on to individual therapy	<u>Intern/Masters Level/ML License</u> \$40 Intern Session (50 min)* \$80 Intern Specialist Session (50 min)* \$100 Master Level (50 min)* \$150 Master Level License (55 min) \$125 Intake Masters Level* \$175 Intake Masters Level Licensed
<u>Add On Services</u> \$25 NF, EMDR, SSP, Integrated Play Therapy \$90 Skills Extension (30 min)* \$175 Skills Extension (60 min)*	<u>Group, Skills and Case Management</u> \$50 15 min Case Management/Skills Training* \$60 - 80 1 Hour Group \$75 - 100 1.5 Hour Group \$120 Community Based ERP (+ travel)
<u>Court/Professional Appearances*</u> \$250/hr Court or Meeting Participation, and travel time \$350 Professional Evaluation and Report Indy Counseling will provide an estimate for professional training and appearances upon request	<u>Cancellation Fee*</u> \$50 for under 48 hour Cancellation \$100 for under 24 hour Cancellation <u>Cancellation Fee NF/SSP/Skills*</u> \$30 for under 48 hour Cancellation \$60 for under 24 hour Cancellation <i>Insurance/HSA's do not pay for above fees</i>
<u>Supervision and Professional Consultation*</u> \$125 for Individual Consultation \$50 for Group Consultation	<u>Administrative Fees*</u> \$20 Returned Checks \$25 Medical Records \$25/15 min Professional Letters/Disability \$150 Parent Update Letter

***Indicates Services not covered by insurance**

Our office is in-network with most major commercial insurance / Medicare / Medicaid
 We accept VISA, Mastercard, Discover, HSA, FSA cards, and CareCredit. **We CANNOT accept AMEX**